

Key resource list for Alzheimer's disease and related conditions

Alzheimer's disease, frontotemporal dementia, Lewy body dementia, mixed dementia, Parkinson's disease dementia, and vascular dementia.

Alzheimer's Association	www.alz.org	(800) 272-3900
Mayo Clinic	www.mayoclinic.org	
National Institute on Aging	www.nia.nih.gov	(800) 438-4380
Parkinson's Foundation	www.parkinson.org	(800) 473-4636

Related conditions including Huntington's disease, hypoxic-anoxic brain injury, mild cognitive impairment, normal pressure hydrocephalus, traumatic brain injury, and Wernicke-Korsakoff syndrome.

Brain Injury Association of America	www.biausa.org	(800) 444-6443
Family Caregiver Alliance	www.caregiver.org	(800) 445-8106
Huntington's Disease Society	hdsa.org	(800) 345-HDSA
Hydrocephalus Association	www.hydroassoc.org	(888) 598-3789
National Institute on Aging	www.nia.nih.gov	(800) 438-4380
National Org. for Rare Disorders	rarediseases.org	(203) 263-9938
U.S. Department of Veterans Affairs	www.caregiver.va.gov	(855) 260-3274

Additional online support

CaringBridge <u>www.caringbridge.org</u> (651) 789-2300

• Create your own free, private, ad-free website. Invite your friends and family to join.

Smart Patients <u>www.smartpatients.com</u>

• An online community where people learn from each other.

SuperBetter <u>www.superbetter.com</u>

• Free game to increase your resilience and help you meet your goals. Created by a game designer, Jane McGonigal, after she experienced severe side-effects from a traumatic brain injury.

Find many more resources on EatSpeakThink.com.