



Free resources to help you plan for success

Understand your strengths and weaknesses

- Take Gretchen Rubin's Four Tendencies Quiz at <https://quiz.gretchenrubin.com/>.
- Take the preferences and motivation quizzes at <https://www.achieve-goal-setting-success.com/personality.html>.

Complete Achieve Goal Setting Success's 56-page life planning workbook at <https://www.achieve-goal-setting-success.com/life-planning-workbook.html> in order to:

- Find your "big picture".
- Figure out what you really want.
- Set your goals.
- Develop your action plan.
- Put your plan into action.
- Regularly review how you're doing.

Conduct an annual review and set goals for next year using Chris Guillebeau's free tool at <https://chrisguillebeau.com/how-to-conduct-your-own-annual-review/>.

Improve your time management skills using Achieve Goal Setting Success's extensive resources at <https://www.achieve-goal-setting-success.com/planners.html>.

Learn about the benefits of tracking time, for instance by reading Chris Guillebeau's post at <https://chrisguillebeau.com/168-hours-time-tracking/>

Learn about the time tracking challenge by Laura Vanderkam at <https://lauravanderkam.com/2017/09/welcome-168-hours-time-tracking-challenge/>. She has a free guide to managing your time here: <https://lauravanderkam.com/manage-your-time/>.

Read the blog post to learn which of these skills I'm terrible at and my professional goals for 2019 at <https://eatspeakthink.com/plan-for-success-2019-hold-me-accountable>.