

M.E.S.S.A.G.E: Tips to improve communication in dementia

Instructions: Watch the MESSAGE video on YouTube, then fill in the missing tips. The tips are summarized near the end, at 19:23.



<https://youtu.be/jsyAQsdaLiE>

Maximize attention

- Attract attention before you speak.
- Avoid distractions.
- _____

Expression and body language

- _____
- Show interest.

Keep it simple

- Use short, simple sentences with familiar words.
- _____

Support the conversation

- Give the other person time to respond.
- Help them find words.
- Repeat what wasn't understood, then rephrase.
- _____

Assist with visual aids

- Use gestures or actions.
- Use _____

Get their message

- Listen, watch, and work out their meaning.
- Pay attention to _____

Encourage and engage in communication

- Engage the person with dementia in communication.
- Focus on _____
- Provide opportunities to talk with family or friends.