

EAT

DRINK

PILLOW

TELEVISION

(Arial, 80 pt, bold)

SIT

SLEEP

BANKING

MICROWAVE

WALK

SHOWER

DRIVING

COMPUTER

(Arial, 48 pt, bold)

SLEEP

HELPING

NEWSPAPER

APPOINTMENT

(Arial, 33 pt, bold)

RUN

BANKING

TELEPHONE

INFORMATION

(Arial, 24 pt, bold)

CALL

LAUNDRY

MAGAZINE

FREEZER

(Arial, 20 pt, bold)

READ

GROCERY

SANDWICH

TEMPERATURE

(Arial, 18 pt, bold)

DRINK

KITCHEN

REMINDER

NUTRITION

(Arial, 16 pt, bold)

FOOD

CLEANING

SCHEDULE

DIRECTIONS

(Arial, 14 pt, bold)