

Experience what aphasia is like

Quick facts about what it's like to live with aphasia

- Aphasia is an acquired communication impairment that can affect talking, understanding speech, reading, and writing.
- For many people it is a chronic problem that affects every area of life.
- People with aphasia often are misunderstood by others, who may:
 - Think they are mentally impaired or drunk.
 - Walk away or hang up on them.
 - Treat them like a child.
 - Avoid talking to them.

Why experience aphasia for yourself?

- While we can't really know what it's like to have aphasia, we can get a sense of it.
- It can be easy to get frustrated when someone can't communicate, especially if it's someone you see often. Gaining a little more insight may help with the overall situation.

How can you experience aphasia?

- You can find aphasia simulations, excellent videos, and activity suggestions here: EatSpeakThink.com/12-ways-experience-aphasia.