

Calendar exercise: Writing

1. Which month are we looking at? _____
2. What is the date of the second Monday? _____
3. What appointment do you have on the 17th? _____
4. What holiday falls in this month? _____
5. How many therapy sessions are planned for this month? _____
6. What do you have planned for the first Friday? _____

Add these appointments to the calendar (if using a real calendar, use pencil and erase when exercise is complete):

1. Dr. Stevens, Tuesday the 30th at 10:30 am.
2. You play Bridge every other week, same time and place. Add the missing event for this month.
3. Foot doctor, Friday the 12th at 3:30 pm.
4. Lunch with grandchildren, Sunday the 14th, noon.

Calendar exercise: Auditory comprehension

Listen to these questions and point to the answer on the calendar.

1. Point to where it says "November."
2. Where is the first Tuesday in the month?
3. Point to the last Saturday in the month.
4. Let's say that today is Thursday, November 11. Where does it say that?
5. Point to your last therapy appointment.
6. Show me where Thanksgiving falls.
7. Point to your next doctor's appointment.
8. Where does it say the year?
9. Let's say today is Friday, November 19. Point to the day after tomorrow.
10. If today is November 16, point to three days ago.

Calendar exercise: Verbal expression

1. When were you born?
2. Say the days of the week (from memory or reading aloud).
3. What is today?
4. What was yesterday's date?
5. What will tomorrow be?
6. Say the months of the year.
7. What month are we in?
8. What was last month?
9. What is next month?
10. Do you have any appointments this week? What are they?
11. If you could go anywhere and do anything you wanted on Saturday, what would you do?
12. When was your last doctor appointment?
13. What would you say if your dentist asked to schedule an appointment at the same time as one you already have with your doctor?
14. Pretend I'm your doctor's receptionist. What would you say if you wanted to reschedule your next appointment?

Calendar exercise: Cognitive-communication

1. Under what circumstances might you accept a dentist appointment that conflicts with an existing doctor's appointment? _____

2. Call and confirm your next doctor's appointment.
3. Make a new appointment and record it on your calendar.
4. Write down a list of questions to ask at your next doctor's appointment.
5. Go through appointment cards or after-visit summaries and make sure each future appointment is on the calendar correctly.
6. While going through your paperwork, update or create a list of your doctors and their contact information.

November 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

November 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	1 10 am Physical Therapy	2	3 10 am Physical Therapy	4	5 2 pm Bridge, Senior Center	6
7	8 10 am Physical Therapy	9 2:15 pm dermatologist	10 10 am Physical Therapy	11	12	13 Uncle Ron's birthday party
14	15 10 am Physical Therapy	16	17 9 am Dr. Beals	18	19	20
21	22 10 am Physical Therapy	23	24	25 1:00 family dinner Thanksgiving	26	27
28	29	30				



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